

How to Use Ear Drops Properly

(Having someone else give you the ear drops may make this procedure easier.)

- 1 Wash your hands thoroughly with soap and water.



- 2 Gently clean your ear with a damp facecloth and then dry your ear.

- 3 Warm the drops to near body temperature by holding the container in the palm of your hand for a few minutes.

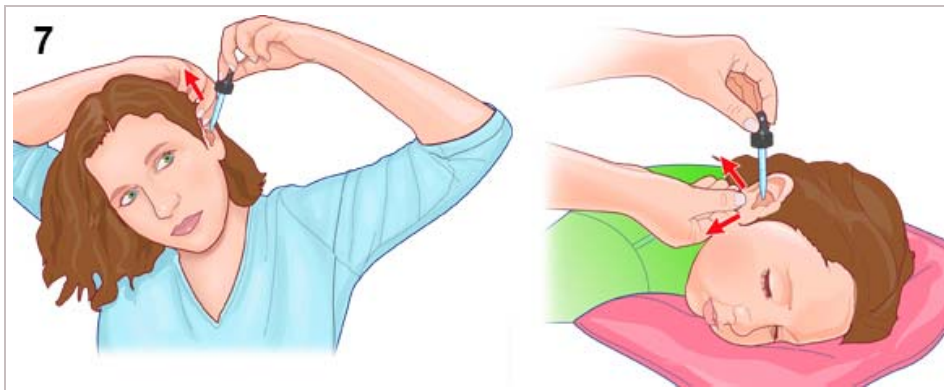


- 4 If the drops are a cloudy suspension, shake the bottle well for 10 seconds.

- 5 Check the dropper tip to make sure that it is not chipped or cracked.

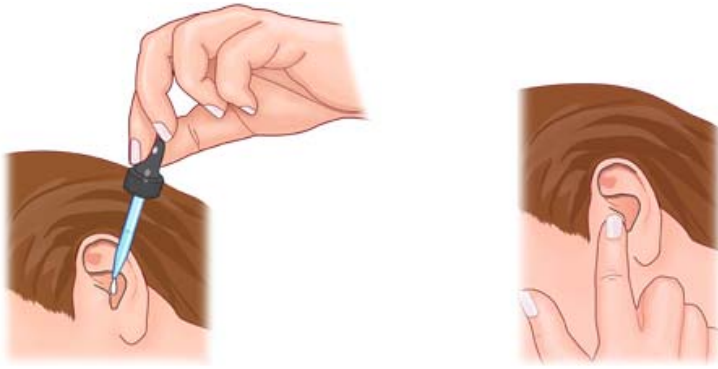
- 6 Draw the medication into the dropper, or hold the dropper-top bottle with the dropper tip down.

- 7 Tilt the affected ear up or lie on your side. Pull the ear backward and upward (or if giving to a child younger than 3 years of age, pull backward and downward) to open the ear canal.



- 8 Place the correct number of drops in your ear. Gently press on the small skin flap over the ear to help the drops to run into the ear canal

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- 9** Keep your ear tilted up for a few minutes or insert a soft cotton plug in your ear, whichever method has been recommended by your pharmacist or doctor.

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- 10** Replace and tighten the cap or dropper right away.

- 11** Wash your hands to remove any medication.

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Remember

- Follow directions carefully
- Do not miss doses
- Store medications out of reach of children

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American Society of Health-System Pharmacists®
7272 Wisconsin Avenue, Bethesda MD 20814
301-657-3000 • www.ashp.org